

Instructions for Allergy Patients

The John C. Longest Student Health Center welcomes you as one of our "Allergy Shot Patients". Since we administer antigens/extracts/vaccines from numerous DIFFERENT allergists, for safe administration, we do require your cooperation with the following procedures:

All vials must be labeled with:

- a. Your name
 - b. Date of expiration
 - c. Identification of the vial - including Allergen and Concentration
2. The dosage schedule! instruction sheet must state:
 - a. The name, address, and office telephone and FAX numbers of the prescribing allergist.
 - b. The frequency of injections.
 - c. The dosing schedule for each injection.
 - d. Specific instructions regarding dosage if you are late for a scheduled injection or had an adverse reaction to the last dose.
 - e. The route of administration for each injection.
 - f. Information concerning the treatment of different sized reactions to the antigens.
 3. Injections will be given in the Shot Room on Monday through Friday 8:00 am until 11:00 a.m., and 1:00 pm until 4:00 p.m., when a physician is in the building to treat any allergic reaction. Medications, such as Epinephrine, are available for appropriate treatment of an allergic reaction. You MUST make appointments for your shots.
 4. All patients will remain under observation in the LSHC for 20 minutes (or the time advised per the allergist) after their injection(s) to make sure they do not have an adverse reaction. These symptoms consist of any of the following: itchy eyes, nose or throat, nasal congestion, runny nose, tightness in the throat or chest, coughing, increased wheezing, lightheadedness, faintness, nausea, hives or generalized itching, or anaphylaxis.
 5. Patients who leave prior to the recommended observation time (or the time advised per the allergist) will be considered leaving Against Medical Advice (AMA).
 6. All injection sites are to be checked by a nurse before you leave the LSHC.
 7. Students will be charged the Administration Fee at discounted student rates. Non students will be charged for the injection at normal and customary pricing.
 8. Patients are to sign in at the Admissions Desk. You will be given a fee ticket and directed to the Shot Room. Please place your fee ticket in the box on the Shot Room door behind any charts that are already there, and have a seat in the Shot Room Waiting Room area. You will be called to the Shot Room as quickly as is safely possible. After receiving your injection you are to return to that same waiting room area to wait your 20 minutes.
 9. Vaccines may be sent directly to the LSHC where it will be stored in the Shot Room refrigerator. Patients are responsible for making sure their vaccine is ordered and sent to the Health Center initially. Once you are an established patient we will be glad to request refills from your allergist.
 10. It is important for you to make your appointment ahead of time so that you will be able to get your shot when needed. If you wait until the day you need the shot you may not be able to get in. You may schedule your appointments up to a month in advance.

We welcome you to our service and will listen to any suggestions you may have regarding improvement of your care. We do not hesitate to call your allergist if there is any question regarding your treatment.

13 September 2017